

Primary Care Provider: _____ **Referred By:** _____

What medical concerns would you like addressed during today's visit (chief complaint)?

Please list **your** current and past **medical problems** and any prior **surgeries**:

Please list your current medications including dosages (if known). Please indicate any supplements, herbs, vitamins, etc.

Medication Allergies: _____

Social and Environmental Histories:

Please help us get to know you and your home environment a little better.

Personal History	Home Environment
Marital Status: _____	Live in: apt, house, etc.: _____
Children: number/ages: _____	Indoor Animals: <input type="checkbox"/> Yes <input type="checkbox"/> No List: _____
Occupation(s): _____	Indoor Smokers: <input type="checkbox"/> Yes <input type="checkbox"/> No List: _____
Alcohol Use: <input type="checkbox"/> Yes <input type="checkbox"/> No	History of indoor water damage and/or indoor mold: <input type="checkbox"/> Yes <input type="checkbox"/> No
Tobacco/Smoking History:	If yes, explain: _____
1. Previous use: <input type="checkbox"/> Yes <input type="checkbox"/> No	Does <i>you</i> use "dust mite covers" for bedding: <input type="checkbox"/> Yes <input type="checkbox"/> No
Quit date: _____	Heating and cooling (central or window AC, gas or electric heat, fireplace, etc.): _____
2. Current use: <input type="checkbox"/> Yes <input type="checkbox"/> No	_____
If "yes," are you interested in quitting: <input type="checkbox"/> Yes <input type="checkbox"/> No	Flooring (carpet, laminate, tile, wood, etc.): _____
3. Packs per day/year: _____	_____
Hobbies/Interests: _____	_____
_____	_____
_____	_____

Family Medical History:

Do Immediate family members have any of the conditions listed below (do not include yourself)?

Condition	Family History	Who (i.e. mother, father, siblings, children, etc.)
Allergies	__ Yes __ No	
Sinus Problems	__ Yes __ No	
Asthma	__ Yes __ No	
Other Lung Disease	__ Yes __ No	
Eczema	__ Yes __ No	
Thyroid Problems	__ Yes __ No	
Autoimmune Disease	__ Yes __ No	
Immune Deficiency	__ Yes __ No	
Migraines	__ Yes __ No	
Other	__ Yes __ No	

Review of Systems:

Please check **Yes** or **No** to indicate if you currently have any problems in one or more of the following areas. If yes, please **circle** and briefly explain the problem.

Organ System	Yes or No	If yes, please circle all that apply
General Health	__ Yes __ No	Recurrent fever, chills, sweats, unexplained weight loss, weight gain, excessive fatigue, sleep problems
Eyes	__ Yes __ No	Blurred vision, eye pain, eye discharge, redness, watering, matting/crusting, itching, gritty sensation, eyelid rash/swelling
Ears/Nose/Throat	__ Yes __ No	Hearing loss, earache, nasal congestion, nose bleeds, abnormal taste/smell, nasal drip, post nasal drip, allergies, dry mouth, sores in mouth, sore throat, hoarseness, throat clearing
Cardiovascular	__ Yes __ No	Irregular heartbeats, hypertension, heart problems, stroke
Respiratory	__ Yes __ No	Asthma, emphysema, chronic bronchitis, cough, wheezing, shortness of breath, exercise difficulties
Gastrointestinal	__ Yes __ No	Reflux/heartburn, difficulty swallowing, nausea, vomiting, diarrhea, constipation, ulcers
Genitourinary	__ Yes __ No	Painful urination, frequent urination, incontinence due to coughing
Musculoskeletal	__ Yes __ No	Arthritis, joint pain, muscle pain, cramps, joint stiffness, joint swelling
Skin	__ Yes __ No	Dryness, rashes, itching, redness, swelling, change in moles
Neurology	__ Yes __ No	Headache, numbness/tingling, weakness, dizziness, lightheadedness
Psychiatry	__ Yes __ No	Anxiety, depression
Endocrine	__ Yes __ No	Excessive thirst, cold intolerance, diabetes
Hematology	__ Yes __ No	Anemia, bleeding problems, enlarged lymph nodes

Physician Notes:

I have reviewed the information above.

Physician Signature Date