

## **HYSTEROSALPINGOGRAM PROCEDURAL INFORMATION AND POST- PROCEDURAL PATIENT INSTRUCTIONS**

### **What is a Hysterosalpingogram?**

A Hysterosalpingogram (HSG) is a radiologic procedure to visualize the shape of the uterine cavity; determine if there is any blockage of one or both of the fallopian tubes that may be preventing pregnancy; or evaluate the proper placement of Essure implants. A small catheter is placed in the uterine cavity. Once the catheter is in place, a small amount of X-ray dye is injected to “highlight” the uterine cavity and fallopian tubes (to check for blockage in the fallopian tubes) with the use of fluoroscopy (real-time-X-ray).

For evaluation of Essure implants, a small catheter is placed in the uterine cavity and X-ray dye is injected. The X-ray dye will fill the uterine cavity; if the Essure implants are in good position, the implants will prevent the X-ray dye from accessing the fallopian tube(s). No X-ray dye seen flowing into the fallopian tubes confirms that the devices are in the correct position for contraception. If X-ray dye is seen flowing into the fallopian tube(s), the devices will need to be repositioned by your physician.

### **Post-Procedural Instructions**

There are no physical restrictions after you examination. You may experience some lite spotting 2-4 days after your procedure, which is normal.

Your body will absorb most the X-ray dye that way injected; a small amount may leak out of the vagina.

Notify your doctor if you experience any of the following:

- Abnormal vaginal discharge
- Unusual vaginal odor
- Fever
- Pelvic pain 3-7 days after the procedure

Your doctor may give you additional or alternate instructions after the procedure, depending on your particular situation.

*If you have any questions, comments, or concerns, please call us at 630-545-7880.*