

Your physician has ordered an upper endoscopy (also called an EGD). This is a procedure that enables your physician to examine the lining of your esophagus, stomach and duodenum. To prepare yourself, please follow the instructions below.

**ONE WEEK BEFORE YOUR SCHEDULED PROCEDURE DATE:**

- Check with your prescribing primary physician or specialist regarding instructions for stopping any anticoagulants you may be taking before the procedure. Those may include Coumadin, Warfarin, and Plavix (among others).
- You **MAY** continue taking aspirin.
- You will not be able to drive, operate machinery or make critical decisions the day of your procedure. Please make arrangements for transportation. We ask that this person remain at the surgical facility for the duration of your procedure.

**ONE DAY PRIOR TO YOUR SCHEDULED PROCEDURE DATE:**

- **To ensure an adequate view, the stomach must be completely empty.** No food or antacids should be taken after midnight the day before your procedure.
- You may have clear liquids up to 4 hours before the scheduled time of your procedure.

**DAY OF YOUR PROCEDURE:**

- Nothing by mouth for at least 4 hours before your scheduled procedure time.
- You may brush your teeth
- Continue to take medications unless instructed by your physician with a small sip of water.
- If you are on medication that must be taken with a meal, please wait until after the procedure.
- If you take blood pressure medication, please take it with a small sip of water prior to leaving your home.
- If you wear contact lenses or glasses, please bring a contact lens case or eye glass case with you and wear loose fitting comfortable clothing.
- Bring your insurance card a form of photo identification.
- Arrive at the hospital or surgery center one hour prior to your procedure time. You will be at the hospital or surgery center for approximately 2-3 hours.
- If you are diabetic, do not take your insulin or oral diabetic medication.

**AFTER YOUR PROCEDURE:**

Your physician will discuss the results of your upper endoscopy with you and your driver.

**Please allow 7-10 business days for all test results.**

**SCHEDULING AND CANCELLATION POLICY:**

Notify the office as soon as possible to cancel your procedure. Do not call the facility where you are scheduled. We require a minimum of 3 business days before your procedure for any cancellations. Please call 630-717-2600.