

Prostate Prep for all Prostate MRI exams

1. Patient must go to pharmacy and purchase a Fleet Saline Enema
2. Typically can be found at any pharmacy
3. Relatively inexpensive
4. Must perform enema 1-2hrs prior to arriving for Prostate MRI
 - a. Try to perform enema as close to MRI exam as possible
5. Bowel movement should happen within 2-15minutes of performing enema
6. Upon arrival, patient should empty bladder just prior to getting on table.
7. Patient will get IV contrast for this exam, typical contrast prep will be needed as well
8. Why does a patient need to have a Fleet prep?
 - a. The fleet prep removes the fecal matter and air that sits in the rectum. The prostate is directly in front of the rectum, therefore if there is air or fecal matter present it can cause motion or artifacts that effect the images. The fleet prep clears out the rectum, therefore minimizing any artifacts or motion resulting in better image quality.

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Fleet Saline Enema Laxative 4.5 fl oz

\$1.89

\$0.42 / oz.

 **FSA**

- For relief of occasional constipation
- Ready-to-use & latex free
- Soft flexible comfortip & easy squeeze
- [See more details](#)