

# DuPage Medical Group

WE CARE FOR YOU

## **Preparing for a Pelvic Ultrasound:**

To complete a pelvic ultrasound, you will be asked to drink fluids prior to the appointment and arrive with a full bladder. A full bladder acts as a window into the pelvis and is necessary to see the uterus and ovaries from the top of your abdomen/pelvis. The test will take approximately 10 to 15 minutes. After the test is complete you will be able to use the restroom.

Water is best, but any kind of fluid is ok to drink prior to the test except those that have caffeine and/or carbonation (this includes coffee and soft drinks).

### ADULTS (Ages 16+)

- Drink 32 ounces of fluid 1 hour before the appointment
- DO NOT empty bladder before the test is complete

### YOUNG ADULTS (Ages 12-16)

- Drink 24 ounces of fluid 1 hour before the appointment
- DO NOT empty bladder before the test is complete

### Children (Ages 5-11)

- Drink 8 – 16 ounces of fluid 1 hour before the appointment
- DO NOT empty bladder before the test is complete

### Children Under 5

- Keep the child hydrated prior to the appointment

For additional questions prior to your MRI exam, please call 630-545-7880.